



Self Assessment Scales

Scale Name

Scale Description

Level 1

- ▶ Have cursory knowledge, but limited experience in the application of this knowledge.
- ▶ Use this basic knowledge as part of patient care with recognition of limitations.

Level 2

- ▶ Have basic knowledge, have experience and/or opportunity to apply this knowledge, but may have to consult other practitioners or use other resources in order to effectively use knowledge.
- ▶ Recognize how lack of knowledge may influence ability to assess patient, plan and implement treatment.
- ▶ Recognize when knowledge is lacking and seek consultation with others.
- ▶ Determine plan to increase knowledge using a variety of resources such as other professionals, literature, and educational opportunities.

Level 3

- ▶ Have detailed knowledge, but may have to occasionally rely on outside resources.
- ▶ Able to apply knowledge independently to maximize accurate assessment of the patient, effectively plan and implement treatment and be able to share knowledge with others.
- ▶ Based on knowledge, plan and implement treatment using evidence based approaches, and best practice methods.
- ▶ Recognize when knowledge is lacking and independently use a variety of resources to build knowledge base.
- ▶ Seek out and apply new information of interventions.

Level 4

- ▶ Based on knowledge, able to instruct others.
- ▶ Based on knowledge, act as consultant to others.
- ▶ Have ability to critically appraise current information in order to alter treatment approaches.
- ▶ Add to this knowledge based on experience, research and exploration.